

Juntendo University Institute of Health and Sports Science & Medicine Research Assistant (RA) Recruitment Guidelines (AY2026 Applications [New])

1. Purpose

Institute of Health and Sports Science & Medicine focuses its research on identifying factors that safely and effectively promote mental and physical health enhancement and functional recovery tailored to each life stage, from children to the elderly. It aims to establish algorithms for creating effective exercise programs. To contribute to achieving this goal, the institute also advances fundamental and applied research related to improving athletes' performance.

- 1) Quantification and measurement of biological information related to exercise adaptation phenomena
- 2) Investigation of factors related to exercise adaptation phenomena at the protein and gene levels
- 3) Pursuit of factors determining individual differences in exercise adaptation phenomena (including gender and age differences)
- 4) Psychological and neuroscientific investigation of exercise and mental health
- 5) Physiological and biomechanical analysis of exercise movements
- 6) Sports medicine investigations into various phenomena related to exercise and health, including disorders and maladaptations

2. Number of Positions Available

A few

3. Eligibility Requirements

Applicants must be enrolled in the Graduate School of Sports and Health Science (Doctoral Program) at this university and possess research experience (achievements, etc.).

As a general rule, applicants must have applied for a JSPS Research Fellow (DC2) position.

4. Employment Period

From April 1, 2026 to March 31, 2027.

However, renewal is possible only during the period of enrollment, based on an evaluation of performance during the enrollment year.

5. Employment Terms and Conditions

- 1) 2,000 yen per hour
- 2) 20 working hours per week in principle (with priority given to academics)
- 3) Transport expenses not provided in principle

6. How to Apply

- 1) Required Documents

[1] Application form (print on both sides)

[2] Academic Supervisor Evaluation Report (To be completed by the applicant's supervisor at this university, sealed in an envelope, and handed to the applicant.)

2) Submission Method

Mail or deliver the above documents to the contact person below **by noon on Friday, November 28, 2025.**

3) Submission/Inquiry Address

Juntendo University Sakura Campus

Institute of Sports and Health Science

1-1 Hirakagakuendai, Inzai-shi, Chiba 270-1695

Attn: Nanke

e-mail: sc-ikagaku@juntendo.ac.jp

7. Other

- Applicants who have already been selected for JSPS Doctoral Course (DC) Research Fellowships, Japanese Government Scholarships or equivalent programs starting in FY2026 are ineligible to apply. (Those currently applying are eligible.)
- Submit a designated research progress report once per semester. (Planned formats include poster presentations or slide-based research reports. Presentations may be in English.)
- Participate in institute-related duties (outreach activities, seminars, measurements, etc.).
- Concurrent employment in any position paid by this university is prohibited.
- We cannot provide any information regarding the selection process or reasons for acceptance/rejection.
- Travel expenses incurred for interviews (including visits to the university for presentations, etc.) will not be reimbursed.
- Submitted application documents will be used solely for this recruitment selection process and will be disposed of appropriately.
- Please note that submitted application documents cannot be returned.